

MAROON 5 GETS
ALL OVER IT
POP BAND RETURNS WITH
RACY NEW ALBUM (page 10)



EDMONTON THURSDAY, JULY 29, 2010 www.metronews.ca

metr



Family cries out for help

▶ Relatives of missing woman make plea to the public
 ▶ Facebook page created to help find Melanie Jerome



Almost two weeks after disappearing, Melanie Jerome is still missing and family members are asking the public for belon

"We're just appealing to the public to give us a hand trying to locate my mom and bring her home safe to us," said Dianna Berezowski, Jerome's daughter, at Emily Murphy Park yesterday.

Jerome was reported missing on July 16. Her vehicle was found in south Edmonton July 19. The family has been spreading posters in and around the city and is keeping in contact with police, who continue to investigate. Anyone with any information on the



Getting ahead with summer

◆ Fedoras and boater hats the hip new fashion statement for the season ◆ Experts agree headwear makes bold statement on catwalk {page 18}



"We're just trying to get the word out that we love her and we'll support her with anything she needs." SCOTT KEITH

whereabouts of Melanie Jerome is asked to call police at 780-423-3456.

Mel meets with police

Discusses claims ex attempted to extort cash {page 17}

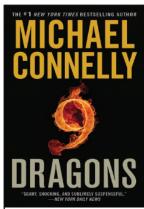
French first lady hits screen

Carla Bruni-Sarkozy takes role in Woody Allen feature {page 13}



Fest celebrates 35th milestone

This weekend's Heritage Festival, happening over the weekend at Hawrelak Park, will celebrate its 35th anniversary. The multicultural event features hundreds of different cuisines and performers. Organizers are asking that patrons bring donations to the local Food Bank.

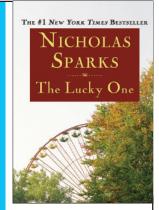


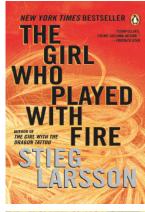


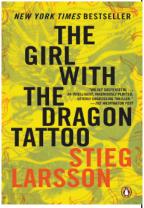
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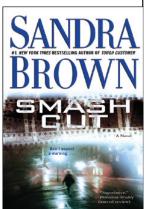
BUY 2 GETTHE 3RD FRESCRIPTION OF THE STREET STREE

Hurry, ends Sunday!









Chapters

Indigo

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Grey Cup festivities get some zip

Organizers are adding a lit-tle zip to this year's Grey

Planners for the 2010 Grey Cup Festival announced yesterday they are going to put up a zip line in the middle of Sir Winston Churchill Square as part of their festivities.

"It'll be an exciting ride from eight storeys high, starting from the clock tower and ending about three storeys high around the Three Bananas Café," said Brian Vaasjo, president of Capital Power, a platinum sponsor for the event.

"I watched it at the Olympics and people just had a tremendous time."

The Ziptrek Ecotours zip line will span about 530 feet at speeds of about 15 to 16 km/h and will carry about 50 to 60 people an hour with its parallel lines.

It is free to ride during the four-day event. Having gained success with the zip line during the Vancouver Olympics, David Udow, president of Ziptrek Ecotours, exclaimed, "It's all going to be in the context of a really fun and festive environment."

parallel the Grey Cup's theme of Hot to Huddle, the downtown component will be called Huddle

"We're a city who needs to be visionary and do the kind of things our citizens want," said Mayor Mandel.





On time, on budget, says airport official

Employs up to 800 workers daily Estimated cost is \$750 million



The massive expansion of the Edmonton International Airport is moving forward on time and under budget, according to Paul Garbiar, the airport's vicepresident of infrastructure and technology.
"Everything's on sched-

ule," Garbiar said yesterday. "We actually anticipate delivering this project approximately 25 per cent below the \$1-billion initial budget."

Since construction got underway last year, the airport has added more than 480,000 square feet of space to its facilities.

One of the airport's biggest additions will be the new control tower, which will boast wave-like formations on its exterior in order

Project timeline

- May 2008 Project announced.
- April 2009 Construction begins on Terminal Express.
- September 2009 Terminal Express trials.
- October 2009 Terminal Express opens, construction begins on permanent 2012 terminal, construction beains on new control and office tower.
- 2010 Construction continues on all phases of airport expansion.
- Spring 2012 New permanent terminal opens for flights to and from the U.S.
- October 2012 Grand opening of finished airport terminal expansion.

to reduce the need for heating, cooling and power by capturing sunlight.





News on the move

- Download the free ScanLife application with your smartphone at 2dscan.com
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On the web at metronews.ca

Backyard hen farmers make the case for legalized urban chicken coops. Video at metronews.ca/ canada





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2 assaults. 3 blocks apart

Police are looking for five suspects in connection with two violent assaults early yesterday morning. The first assault happened on Whyte Avenue and 107 Street when three men, one of them armed with a pipe-like object, assaulted two men. One man suffered

serious injuries to his head and face. The second assault happened three blocks away about 15 minutes later. In this case, two men got out of a vehicle and assaulted two younger males with a pipe-like object. One of the victims was taken to hospital with serious head injuries. "At this time there's no evidence to suggest the two assaults are directly related, but we are still investigating this," said Acting Det. Mike Wasylyshen in a release.

No quitting this Day Job

It seems the Canadian Country Music Association Awards just couldn't quit Gord Bamford's Day Job.

The Lacombe native nabbed the most nominations for the CCMA awards, which were announced yesterday.

Bamford is named in every category for which he's eligible for his recently released record Day Job.

Reigning group of the year Doc Walker, six-time roots artist of the year winner Corb Lund, Johnny Reid, and Dean Brody

Nominations for 6 Lacombe's Gord Bamford in this year's **Canadian Country Music Association** Awards.

have five nominations

Multiple nominations were also awarded to Vic-Banks, George toria Canyon, Terri Clark, Jessie Farrell, the Higgins and One More Girl

CCMAs will be held on Sept. 12 at Rexall Place. THE CANADIAN PRESS

Man shot in | Fire at back on **NE** street

A man is in hospital with a bullet wound to the back after an apparent early morning argument with a group of people in a car. Police say the 20-year-old victim was shot with a small-calibre rifle while he was exchanging words with four people in a vehicle in a northeast neighbourhood. He suffered a non-life threatening wound. THE CANADIAN PRESS

metal plant

It took 15 minutes for firefighters to control a fire that broke out at Thermex Metal Treating Ltd. at 7437 18 Street yesterday. One firefighter suffered a minor injury while battling the blaze that started when an overhead crane that was lowering heated metal into a quenching tank malfunctioned and started leaking oil, according to a Fire Rescue Services spokesperson. ANDREAS MORSE

Wunder Bar to crank out some Whyte noise



Agaperaygunexperiment's quirky dial tone noises part of the show



Next week eclectic, electro acoustic and out-of-theordinary sounds will be streaming from the doors of Whyte Avenue's Wunder Bar. Band members from the Boreal Electroacoustic Music Society (BEAMS) will showcase their talent during a two-night show, BEAMS at the Wunder Bar, on Aug. 7 and 8.

Gene Kosowan, Secretary of BEAMS and a member of Condoleeza Rice Paddies, will perform his last show with his bandmates. Just like their music, the other five performers will rock out to something different most aren't accustomed to listening to.

"It's not a mainstream genre of music," explained Kosowan. "It's very eclectic and acoustic "

For more information go to www.beams.ca or call 780-436-2286.

The lineup

- Philip Dickau presenting electro acoustic live work, Digital Spasm on Aua. 7.
- Agaperaygunexperiment led by Philip Jagger, will debut Telephonexx on Aug. 7.
- Condoleezza Rice Paddies - reuniting the original lineup, last performed six years ago on
- Shawn Pinchback will premiere a composition entitled Tuury on Aug. 8.
- The Hobophobes Calgary-based group will make their debut in Edmonton on Aug. 8.
- flEm takes the stage at Wunderbar on Aug. 8.

Mandel excited for Heritage Festival

If the mayor had his way, he'd expand Hawrelak Park to fit more tents into the annual Heritage Festival on this weekend

While expansion of the central Edmonton park is unlikely, the festival is ready for another recordbreaking year in celebration of its 35 anniversary.

"It's a very exciting time for the City of Edmonton," Mayor Stephen Mandel said. "I don't think there's an event or festival that is looked more forward to in the city than the Heritage

Festival. It celebrates everything we are and what we will

The three-day showcase of Canada's vibrant multicultural heritage will feature 63 pavilions representing over 85 cultures from around the world.

Over 300,000 visitors are expected to take in the smells, and of sights. savoury course. snacks starting Saturday at noon.

The festival is free but

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donations to the food bank will be accepted.

"We started with 11, 35 years ago," said Jack Little, the festival's executive director. "And now the park is really booming."

No parking will be available, festival visitors are encouraged to take the bus or ride their bikes.

The Edmonton Heritage Festival's roots date to 1974, when the Government of Alberta, through then-Minister of Culture, Dr. Horst A. Schmid, declared the first Monday in August an annual holiday for recognizing and celebrating the ethnic heritage of Alberta's citizens.

ANDREAS MORSE



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19800 Lougheed Hwy.

Admiralty Centre Mall Ironwood Mall Parker Place Richmond Centre

Surrey

Central City Shopping Centre Grandview Corners Guildford Town Centre 13734 104th Ave. 12477 88th Ave. 7380 King George Hwy. 15940 Fraser Hwy.

West Vancouver

Park Royal Shopping Centre North/South

White Rock

Semiahmoo Shopping Centre 3189 King George Hwv.

New census change may spark concern

◆ Statistics Canada cuts questions about unpaid work ◆ Critics fear change will hit seniors, women

Statistics Canada has removed questions about unpaid work from its replacement questionnaire for the infamous long-form census.

And critics fear the omission will lead to misdirected policy for seniors, women and children.

Industry Minister Tony Clement has defended the government's decision to axe the mandatory long census by saying it will be replaced by a voluntary



survey that asks the same questions.

But the voluntary survey, called the National Household Survey, is not an exact replica.

It adds a few questions on commuting, subsidized housing, child support payments and religion, StatsCan officials said.

It also deletes an entire section about what Canadians do when they're not working for money. In the 2006 long census,

In the 2006 long census StatsCan asked respondents how many hours a week they spent doing unpaid housework or yard work.

They also asked how much time they spent looking after their own or other people's children, without pay — including helping kids with their homework and talking to teens about problems.

THE CANDIAN PRESS



Worst smog in years chokes Muscovites

A cloud of harmful smog has enveloped Moscow, raising airborne pollutants to four times the norm, officials said yesterday. Doctors urged residents to stay indoors as the city swelters in a record heat wave. Officials say the smog, which has plunged the Kremlin and other famous landmarks into a dull haze for days, is the capital's worst since 2002.

152 killed as jetliner crashes in monsoon

A passenger jet that officials suspect veered off course in monsoon rains and thick clouds crashed into hills overlooking Pakistan's capital yesterday.

All 152 people on board were killed and body parts and twisted metal were scattered far and wide.

The Airblue jet's crash was the deadliest ever in Pakistan, and just the latest tragedy to jolt a country that has suffered numerous deaths in recent

years due to al-Qaida and Taliban attacks.

The plane left the southern city of Karachi at 7:45 a.m. for a two-hour flight to Islamabad and the crew were trying to land when contact with the control tower was lost, said Pervez George, a civil aviation official.

Airblue is a private airline based in Karachi, Pakistan's largest city.

The aircraft, an Airbus A321, crashed some 15 The



kilometres from the airport, scorching a wide stretch of the Margalla Hills, including a section behind Faisal Mosque, one of Islamabad's most prominent landmarks.

Twisted metal wreckage hung from trees and lay scattered across the ground. Smoke rose from the scene as helicopters hovered.

The cause of the crash was not immediately clear, THE ASSOCIATED PRESS

Stricken kin

The government declared today a day of mourning.

- Hundreds of people showed up at Islamabad's largest hospital seeking information on loved ones.
- They crowded around ambulances, but hopes fell as workers unloaded bags full of body parts.

Bedbugs are biting the Big Apple

One of every 15 New Yorkers battled bedbugs last year, officials said yesterday.

They announced a plan to fight the spreading infestation, including a public-awareness campaign and a top entomologist to head the effort. The bloodsucking pests, which are not known to spread disease but can cause great mental anguish with their fast-growing infestations, have rapidly multiplied throughout New York and other cities.

THE ASSOCIATED PRESS

Bullfights banned ... in Spain

Legislators in Catalonia have outlawed

bullfighting.
It's Spain's first major region to ban the deadly, ballet between matador and beast after debate that pitted animal rights against traditional culture.
THE ASSOCIATED PRESS



Man jailed for 'rape by deception'

Lying for sex. It happens all the time.

Yet a married Palestinian has been ordered jailed for 18 months for having sex with an Israeli woman after giving her the impression he was Jewish

Saber Qashor, 30, says

he was approached by the woman in downtown Jerusalem and introduced himself as Dudu, a common Jewish name

common Jewish name. They had sex in an office building stairwell.

He was sentenced for "rape by deception." THE ASSOCIATED PRESS

Lots of chatter over Rogers' new Chatr

● Mobilicity has said it will file 'abuse of dominant position' complaint with the Competition Bureau

Rogers launched its new Chatr brand yesterday in major Canadian cities, adding more competition to the discount wireless phone market targeted at the most basic of cellphone users.

Chatr is offering unlimited talk and text with no contracts, similar to packages available from new players Wind Mobile, Public Mobile and Mobilicity.

But like some of its competitors Chatr's low-priced plans stop short of data packages that allow for Internet browsing, video streaming and email.

Chatr is marketed toward consumers such as a "This could have the impact of hastening the exit of some of the independent new entrants (Wind, Mobilicity, Public)."

RBC CAPITAL MARKETS ANALYST JONATHAN ALLEN

taxi driver who is "on the phone quite a bit during the day but wants cost certainty, or the family who is sending one of their children to school," said Garrick Tiplady, senior vice-president of Chatr.

Rogers said Chatr will

start out being available in Vancouver, Calgary, Edmonton, Toronto and Ottawa.

Chatr will offer \$35 monthly unlimited talk plan and a \$45 monthly unlimited talk and text plan with no other costs added to plans, Tiplady said. Phones for the service will start at \$60.

The emergence of Chatr has drawn the ire of competitors, in particular new cellphone player Mobilicity, which said it plans to pursue legal action under the Competition Act if Rogers launches the service.

THE ASSOCIATED PRESS



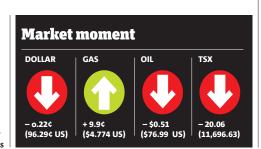
Bosh rings the morning bell

Miami Heat forward Chris Bosh rang the opening bell at the NYSE to celebrate his recent appointment as the newest National Celebrity Ambassador for After-School All-Stars.

Home movies going 3-D

The problem of what to watch on a 3-D TV will soon be yours to solve with Panasonic's 3-D camcorder, which was unveiled yesterday in Tokyo.

The cameras go on sale in Japan Aug. 20, and will be available overseas later this year. THE ASSOCIATED PRESS



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SOME WEIGHTY ISSUES CAUSING A CRISIS

He says ...

IOHN **MAZEROLLE**



I told myself that if I complained about my 171pound weight in a column, I might seem vain and ridiculous. Then I came to an important realization: I weigh 182 pounds.

his is a crisis. How did this happen? I tried all the weight-loss tricks: Bending my knees so the scale's dial settles somewhere lighter; stepping off to make sure the red line lines up with zero; getting naked and breathing out re-

But it's official: I'm overweight.

I've gained 60 pounds in 10 years, slowly, inexorably, like an ever-encroaching wave of

zombies. I might shoot a cheeseburger between the eyes, but there's an ice cream cone right

behind it, heading straight for my mid-section.

What if it doesn't stop? At this rate, I'll die weighing 380 pounds. The funeral director will have to refill the embalming fluid one final time that I'll be the cause of an empty keg. I know I'm not

fat. I have overweight friends who would eat me whole if I even suggested it. (And if anyone

fat finds that offensive, well, try to catch me.) What can I say? I'm vain. First of all, I'm in Toronto, where there are no fat people. Or at least they all stay inside

"My latest 10

pounds was

largely due to

unemployment.

It's the ultimate

testament to our

society that

poverty and

weight gain go

hand in hand."

ashamed that they can't fit into our over-packed streetcars.

Second, I'm single. That automatically adds 35 pounds when you look in the mirror. They're only love handles if there's somebody to hold them.

And every married person knows the deal is you raise kids, grow

gardens, and expand midsections. This gives you a nice protective cushion when you don't eat for the first two months after the divorce

I need to lose weight and here's how: Make more money.

No, I'm not paying for a nip and tuck.

My latest 10 pounds was largely due to unemployment. It's the ultimate testament to our society that poverty and weight gain go hand in hand. Something's wrong when fruit costs more than fast food.

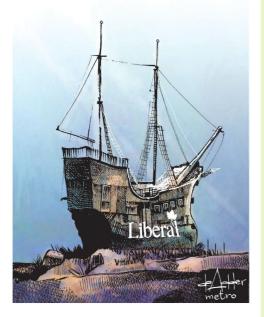
In the near future, you'll need a layaway plan to buy raspberries, while promotional cheeseburgers will be handed out at street corners by women in tight shirts. (Their shirts are tight because everybody is fat.)

But now that I'm employed, I'll be able to buy all the healthy food I need to counter the Zombie Armageddon.

Or maybe I should eat less and exercise more - speaking of horrific futures.

Cartoon

NEWS ITEM: ARCHEOLOGISTS FIND ABANDONED SHIP



She's just misunderstood

Letters

We asked: What celebrity are you sick of hearing

DARTMOUTH, N.S. If I hear another word about "poor" little Lindsay Lohan I think I may actually vomit. Enough already!

She has been given so many chances and preferential treatment for so long she wouldn't know the real world if it walked up and slapped her across the face, which ain't such a bad idea!

STARR FRANCIS

TORONTO. I am sick of hearing about Lindsay Lohan and Amy Winehouse.





Their names and pictures are constantly in the media. It's about time the media stop giving them so much attention. They are both a bunch of spoiled

MICHAEL O'CONNELL

CALGARY. @rylynincalgary: I am sick of hearing about Lindsay Lohan. She needs to accept the fact that she

is in jail and get her life

HALIFAX. @aofspadesorion: Apparently @metrohalifax heard my pleas to shut the hell up about Lindsay Lohan ... A-la "What celebrity are you sick of hearing about?"

TORONTO. Lindsay Lohan. GREG RAYBOULD

If you could come back as a person, place or thing, what would it be? Email edmontonletters @metronews.ca **Twitter** @metroedmonton

Metro has the right to edit letters and submissions.

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Metro Minute at the public library

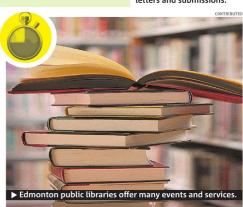
Although there are plenty of outdoor events to do with your kids this summer, don't forget about the good old library. This is a chance for you and your little ones to enjoy some down time that's both fun and educational.

All the Edmonton public library locations are offering events for all ages. Join other friends for Story

Stop weekdays at 2 p.m. for 15-minute story time, featuring stories, rhymes and songs. Not too savvy with the Internet? The Stanley A. Milner location will teach you the basics of navigating the web. There are plenty of other events to take advantage of.

Visit www.epl.ca/Events/ for more information.

● KATHY LE



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News in brief

○ Singer Adam Levine on his band's new album, performing on live television and the unifying power of Google



Get your 'Hands All Over' Maron 5



According to a person close to the show, So You Think You Can Dance judge Nigel Lythgoe is in talks to come back to Fox's American Idol next season in the producing role he left two years ago.





It's hard to believe that Maroon 5 is only releasing their third album.

The band have been on America's radar since the pop perfection of This Love slowly wormed its way into our consciousness somewhere between its release in 2002, climbing the charts in 2004 and winning a Grammy in 2006.

Singer Adam Levine also seems surprised that Hands All Over, which comes out in September, is only their third proper release. "It feels like our tenth," he says.

You've never been afraid of being explicit, and there are a few suggestive phrases in Misery, the leadoff single.

'All Over' cable TV

You're kicked off your tour with a benefit for the Garden of Dreams Foundation that was televised on (U.S. cable network) Fuse. Does having cameras capturing your kickoff show change your approach to the

The album cover is pretty racy, too. Is there anything that makes your bandmates say, "That's a bit much, Adam"?

I think that I'm a bit more overt in a lot of ways. But I think the band is OK with that... They've reeled me in a ton, trust me. I've censored myself too. But sometimes it's good to kind of have checks and balances.

performance?

I'm actually a little bit nervous. Live TV, you never know. Things could go horribly wrong, but that's kind of what makes it exciting. ... The goal is to keep it intimate and awesome. No matter where you are, to make it feel like a club even if it's an arena.

Let's talk a little bit about that album cover. That's a new direction for you guys to go in. It's almost psychedelic.

Our manager just Googled the phrase Hands All Over, just for the hell of it, and the first thing that came up was this amazing woman and her photo art. I guess she had named it Hands All Over just coincidentally. And we talked to

her (Rosie Hardy) when we saw this photo and we said, "Oh my gosh, can we use this for our record?' And she was delighted. And it's so cool because it's hopefully launching her career now. She's very, very talented. She's 18 years old. Can you imagine having that happen to you? It must be an incredi-ble feeling. I've never really spoken to her, but it's so cool. That's one of the good things about the Internet. It's one of those things that kind of just people together, brings and art, too.

Did the title Hands All Over have anything to do with the Soundgarden song of that name? The music you make doesn't sound like you'd be Soundgarden fans.

No, it was completely dif-

Hands All Over



Hands All Over is the upcoming album from Maroon 5

ferent, it was totally coincidental. That's like back in the day, I think that's on Louder Than Love. ... I mean, we have really eclectic tastes. I grew up with Soundgarden and Pearl Jam and Nirvana and all those bands. ... So probably subconsciously somewhere in the back of my mind.

metr
Scene
metronews.ca
THURSDAY, JULY 29, 2010

Eating his own words

• Klosterman on his writing and toying with his interviewers

Chuck Klosterman tends to wax meta.

Throughout his career of analyzing music, sports and pop culture, the hyperself-aware essayist can't help but insert his very specific experience into topics such as how much David Koresh had in common with Kurt Cobain and the logistics of time travel.

For instance, in the opening chapter of his latest compilation of essays, Eating the Dinosaur, now out in paperback, Klosterman dissects the process of conducting interviews — something he's been on both sides of — admitting he openly lies during some interviews, and drawing the conclusion that they're



relatively pointless.

It makes for a perfectly awkward moment when it comes time for Klosterman to be interviewed to promote this book.

He already knows he may have shot himself in the foot this time.

"Well, I have to say it

"I don't really know what I think about something until I write about

CHUCK KLOSTERMAN

has effectively stopped people from trying to interview me," he jokes.

"In general, I get written about less now than I did a few years ago. But maybe the essay has something to do with it, I don't know."

But back to David Koresh and Kurt Cobain: Klosterman's approach to his essays, which tend to draw parallels between seemingly incongruous elements and people in pop

culture, are like a game of "which one of these things doesn't belong?" in reverse.

verse.

"I don't really know what I think about something until I write about it" he explains.

thing that I write about it," he explains.
"I think, 'Why do I like these two things? Because it feels like I like them in the same way.' Writing is the process of deducing that."

In the long run, however, Klosterman is dubious about his own writing's importance.

"The main thing, if they have any value over time—and they probably don't—it would be kind of like present tense history, so that if somebody goes back

CHUCK
KLOSTERMAN
AUTHOR OF SEX, DRUGS, AND GOCOA PUFFS

LON SHORT
RUMP
WITH MORE
DINOSAUR

"MR. KLOSTERMAN'S RELENTLESSLY THOUGHTFUL PROSE MAKES A CASE
THAT OUR ARTS AND ENTERTAINMENT ARE MORE SUFFUSED WITH MEANING
THAN EVER BEFORE." —THE WALL STREET JOURNAL

later and reads these books, while the ideas might not necessarily seem insightful or important, they'll be able to see what people were interested in at the time."

METRO WORLD NEWS

Unapologetic about living on the edge

New book by Steven Adler takes readers back stage with Guns N' Roses ◆ Drummer chronicles addiction

Steven Adler's memoir, My Appetite for Destruction: Sex & Drugs & Guns N' Roses, offers a heartbreaking behind-the-scenes look at the band's creation — and eventual separation. He also describes his tendency toward self-destruction from a very young age.

Adler started skipping school and doing drugs when he was 11—and never looked back. He was kicked out of his mother's house on numerous occasions before he was old enough to vote. His only consistent relationship was with drugs and alcohol.

Adler was the drummer for Guns N' Roses from 1985 to 1990. He says he handed future bandmate Slash his first guitar when they were 13 years old. They would jam day and night on the stoop of Slash's grandmother's



house. Drugs were a large presence in his life, Adler writes, but he never saw it as a problem. Then he was kicked out of Guns N' Roses because of it.

After being booted from the band, Adler spiralled down into depression and more drug use. Brushes with death only kept him sober long enough so he My Appetite for Destruction: Sex & Drugs & Guns N' Roses It Books, US\$25.99 Steven Adler, with Lawrence J. Spagnola

could pull the tubes out of his arm and walk out of the hospital. But Adler had to get clean. One more confrontation with the law and he was facing jail time.

Adler writes that he can only achieve a natural high when he's on the stage, so he dove into what he hoped would be a new great band — Adler's Appetite — and his key to sobriety.

Destruction is a jolting look at what Adler did as an addict and a rock star, in that order. It's a haunting tale, yet manages to come off with an air of innocence.

THE ASSOCIATED PRESS



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Suburban soundtrack

Arcade Fire **Album:** The Suburbs **Label:** Merge ____

Six years is a long life for an independent band, especially one that was as hyped as Arcade Fire was when they released their debut disc in 2004. But here we are, their third album is out on Tuesday and they're still as big as ever.

The secret to their success isn't so much a secret, they've just managed to do two things that most band's fail at: Make good music and put on an incredible live show. Third discs are often a letdown, especially if the second one is really good, but not in this case.

The Montreal six-piece has once again written a brilliant record and while they've tweaked their sound they haven't gone off the rails. The first thing you'll notice is that The Suburbs is more subdued than their previous discs, but not by much. They've



toned down the excess sounds and only threw in what made sense. It's also their most diverse record - the rocker Month of May is straight out of Neil Young's songbook; the bouncy Deep Blue draws more from Paul McCartney. The music is still dark, with blasts of deep bass drums, Springsteen-like ambition and new wave-y melodies, but it's more refined. If the band keeps this up, nothing will stop

Outstanding track: Month of May BRYAN BORZYKOWSKI



Best Coast Album: Crazy For You Label: NPG

Though it arrives halfway through the season, Best Coast's debut epitomizes the perfect summer record. Everything down to the cover, which features band leader Bethany Cosentino's cat, suggests, to quote one

chorus, "there's something about the summer." While earlier recordings were rife with an asphyxiating lo-fi muffle, the band made the right choice going for a cleaner sound. Concise, hook-driven and filler-free, this has enough solar power to keep you going through winter. Outstanding track: Each & Everyday O CAM LINDSAY



Seu Jorge Album: Seu Jorge and Almaz Label: Now Again

Seu Jorge may be the most unlikely Brazilian to crack the North American market. He spent seven years homeless, he often doesn't sing in English, he plays a pop samba combo, and his deep voice

takes some getting used to. His latest is a collection of Brazilian and English covers all done in his slow, plodding way. His version of Michael Jackson's Rock With You is a must hear — he turns the upbeat disco classic into a sultry Barry White-like version.

Outstanding track: Rock With You BRYAN BORZYKOWSKI



Wavves Album: King of the Beach Label: Fat Possum

If the Beach Boys were drowning under a sea of fuzzy, grungy guitars they'd sound like Wavves. The brainchild Nathan Williams, Wavves' third disc is a distorted mess that yeers

from straight-up indie rock to layered, harmony laden Wilson-like tunes. Williams graduates from two chord lofi rock into fully realized songs. Linus Spacehead is a scorching track; opener King of the Beach is a poppy, jangly number. Outstanding track: When Will You Come ♠ BRYAN BORZYKOWSKI

Pumpkins must never be apart again

Ocorgan promises not to disband his Smashing new lineup • At least not until they release 39 more songs

sub-

stan-

tial



Billy Corgan seems a little preoccupied with numbers lately.

After celebrating the Smashing Pumpkins' 20th anniversary in 2008, his latest mission is to release 44 songs via free download at his band's website. The tracks then become limited edition EPs and, hopefully, eventually a massive album set, too.

With the first five-song EP, Teargarden By Kaleidyscope Vol. 1/Songs For A Sailor, completed, Corgan still has 39 songs to go.

'I know, tell me about Sometimes I think, 'Why didn't I say 24? That's still a pretty big on the Pumpkins' annumber,'" he laughs. "I niversary tour), bassist number,'" he laughs. wanted to pick a , bassist Nicole number Fiorentiwas so

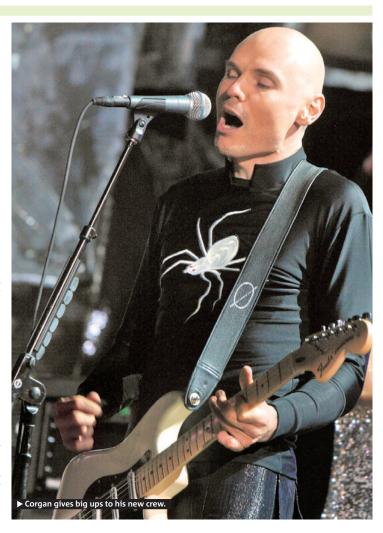
Mike breaking news brought to you by Visa payWave. one)] that I VO11 could deal with. If I a secure, faster release 12 songs way to pay. every year for four just wave and go. years, that I can

get into this, are you going to do it to me again?" Corgan also wants fans to know that the on-off-on Smashing Pumpkins isn't about to disappear again.

This year sees a brand new lineup. Joining Corgan are guitarist Schroeder — who played

drummer speed read Byrne. "Once break up band always this, 'Well, you know, if I

> "I want people to understand that I'm really committed to the band in a way I haven't been since the mid-'90s."



metronews.ca
THURSDAY, JULY 29, 2010

Bruni acts it up in Allen flick

 ▶ Eccentric American director cast French first lady for small role in romantic comedy
 ▶ Canadian McAdams also staring in Midnight in Paris

France's first lady, a former supermodel turned songstress, is making her debut as an actress, filming this week in Woody Allen's Midnight in Paris.

Even her busy husband, President Nicolas Sarkozy,

"I'd like to — you know — when I'm a grandmother, to have done a Woody Allen film. I cannot in my life miss an opportunity like this."

wasn't about to miss the action. He showed up on the Left Bank set Tuesday, in dark suit but no tie, to watch his spouse in her latest creative venture.

Allen, beloved by the French, recruited Carla Bruni-Sarkozy last fall for what is said to be a small role in the romantic comedy which follows a family travelling in Paris for business. France's first lady reportedly plays a museum director.

Tuesday's scenes were shot in the heart of the Left Bank, near the Pantheon, the resting place of many of France's luminaries.

In November, when she announced her plans to accept Allen's offer of a role, the 42-year-old Bruni-Sarkozy had said she was unsure of her acting skills.

"I'm not at all an actress. Maybe I'll be absolutely terrible," she said in an interview with Canal Plus TV station. However, she said she couldn't pass up the chance to play in a Woody Allen film.

Allen, in his usual self-deprecating style, warned the French movie-going public in April that "I'm going to kill myself" if his biggest European boosters don't like this movie.

THE ASSOCIATED PRESS

Artistic life

- Carla Bruni-Sarkozy had a small role in the 1994 Robert Altman film Pret-a-Porter (Ready to Wear) and the 1998 move Paparazzi, by Alain Berberian, each time playing herself. Her sister Valeria Bruni-Tedeschi is an actress and director.
- As first lady, Bruni-Sarkozy has kept her artistic life and star status mostly on the back burner. She did release a new album two years ago, though refused to tour and gives royalties to the Foundation of France.





CONDI, FRANKLIN UNITE

DIPLOMAT, QUEEN OF SOUL PLAY FOR CHARITY

Condoleezza Rice is no stranger to the whims of royalty. So when the Queen of Soul herself, Aretha Franklin, decided the two should get together to play a song or two for charity, it was decreed.

The former U.S. secre-

tary of state and Franklin took the stage Tuesday evening at Philadelphia's Mann Music Center in a rare duet for Rice, the classically trained pianist, and Franklin, the soulful voice of a generation. Their aim was to raise money for urban children and awareness for music and the arts.

"It is a joint effort for the inner-city youth of Philadelphia and Detroit," Franklin told The Associated Press the night before their concert with the Philadelphia Orchestra. Their appearance in the three-hour concert before an estimated crowd of 8,000 overflowed with Franklin's catalogue of hits and arias from the world of opera and classical music.

"We decided to give it a try," Franklin said. "So here we are, in the city of Brotherly — and Sisterly — Love."

Rice, better known as a diplomat and national security adviser, accompanied Franklin singing her hit I Say A Little Prayer as well as My Country 'Tis of Thee. Rice said she practiced furiously for her performance of Mozart's Piano Concerto in D Minor with the orchestra.

Rice's given name is de-

Rice's given name is derived from the Italian opera stage instruction con dolcezza, meaning "with sweetness." Long a musician of note, she played from elementary school through college and beyond, in quartets and performing chamber music. She has even played with cellist Yo-Yo Ma. But, she said this was "the first time I've played with an orchestra since I was 18." The associated press



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Housewives invading D.C.

• Gate crashing couple set to star in latest installment of Real Housewives series • Washington braces itself

Michaele Salahi is ready to move on.

She's sure the U.S. president is, too, because he's joked about her and her husband's infamous gatecrashing episode.

And so she thinks the judicial system should be ready to move on from it,

"To be honest, I don't know where it's at," she told The Associated Press Monday of the criminal investigation by a federal grand jury, which still could lead to prison time for the party-going, polo-loving couple from Virginia wine country. "But our attorneys have said to go on with our lives."

"And if the president and vice-president are joking about it," she added, "I think they're ready to move forward, too."

Certainly the Salahis are taking their attorneys' advice. Far from staying quietly out of the spotlight, they are happily promoting the Aug. 5 debut of Bra-vo's Real Housewives of D.C., in which, judging from the first episode, Michaele takes centre stage — along with the incident that got her into trouble. In fact, all these months later, Salahi pro-fesses still not to understand why so much attention was paid to that one incident last November.

"It must have been a slow news week," she said. THE ASSOCIATED PRESS

More wives

The latest installment of the Real Housewives series is set to kick off

Now in Washington The show debuts Aug. 5 on

'I think I made the right decision'

▶ Black Eyed Peas' frontman tells how he almost didn't make music

Before embarking on his successful music career, Black Eyed Peas' frontman will.i.am had designs on a far different line of work.

high "Right after school, I went to fashion school and the music just was a stronger calling at the time," recalled the Grammy-winning artist, who attended the Fashion Institute of Design and Merchandising in Los Angeles.

"I think I made the right decision." While continuing to

pump out hits with his multi-platinum-selling group, the rapper, singer-songwriter and producer is returning to his fashion roots with his menswear line, i.am.

While in Toronto for two concerts this week, the 35-year-old took time out for an in-store appearance at Harry Rosen in the upscale Yorkville area to launch his line in the city.

The offerings on display

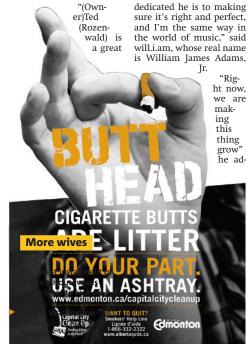
included a mix of basics like graphic T-shirts, alongside refined knits, some of which feature leather accents and detail-

Outerwear pieces run the gamut from traditional pea coats to edgier hooded jackets with a graphic printed lining and coats with mesh-style pinhole cutouts.

"The thing that inspires my line, it's not a person, it's youth," said the fashion-forward hip-hop star, decked out in large blueframed sunglasses, a white Henley-style T-shirt, black vest and scarf, knee-length cargos and high tops.

Youth culture, youth hip-hop, dance culture, the world of the arts, and just expression.'

The collection also has a strong Canadian connection, designed and produced by the i.am je suis division of Manhattan International based in Mon-



dude and we have a lot in common as far as the desire to succeed, and how

ded. "Like I told him, I'm dedicated to this venture for 10 years. I want to see



it really really do well."

But when it comes to creating clothes for the Black Eyed Peas' lone lady member, Fergie, or any other women seeking feminine pieces from the i.am label, they're out of luck at least for the time being

"I'd like to do stuff for girls, but right now, I just want to get the dudes right," said will.i.am.

In the meantime, he simply wants to make pieces that inspire people to wear them and he doesn't seem interested in crafting tailored looks or styling one particular individual. THE CANADIAN PRESS

TV watch list

Heading back to the Shore

BRACE YOURSELF for a new round of fist pumps and spray tan. That's right — Season 2 of Jersey Shore debuts tonight and this time, the gruff guidos and guidettes are in Miami. Snooki, The Situation, Pauly D and the rest of the crass crew head south when a snow storm strikes Jersey. ► MTV

Experienced turn Rookies

SHOCKING K.C. Collins (Crash & Burn), Roberta Maxwell (Brokeback Mountain) and Paul Soles (The Incredible Hulk) guest star on Rookie Blue. The episode features a lovers' quarrel between Andy and Luke and a fatal traffic collision that reveals "a shocking truth." > Global

metr

Scene

metronews.ca

THURSDAY, JULY 29, 2010

Welcome to animal party

◆ They came, we saw, they conquered our hearts ◆ Here are five films that deserve two paws up

The cats and dogs of Cats & Dogs: The Revenge of Kitty Galore have all kinds of super-spy gadgetry and training at their disposal: jet-packs, tricked-out collars, the works. But they come from a long and lovable tradition of live-action animal movies — ones that were simpler and sweeter. Here's a look at five that the show the best of animals:

Babe (1995)

This is a movie about a talking pig — a talking pig, people! — that was nominated for seven Academy Awards, including best picture and best actor for James Cromwell. (It won one, for visual effects.) That's how good it is. Director and co-writer Chris Noonan's film about a pig who learns how to herd sheep is so sweet, so funny,

Canuck canine

While speaking of cute and resourceful —animals on films, one cannot forget the enduring Canadian contribution to lovable animals on screen: The Littlest Hobo, Yeah, it was a TV series but was actually based on a littleknown 1958 American film. The show, featuring a German Shepherd who goes from town to town helping people in need, originally aired in 1963 but was revived on CTV in 1979 for a popular six-season run.

so unexpectedly touching, it never hits a false note.

My Dog Skip (2000)

Several powerful forces are at work here: an insanely cute Frankie Muniz



as our shy, nine-year-old hero; the idea of a dog being your only real friend when you're a lonely, insecure kid; and of course, Skip himself, a lovable, scruffy Jack Russell terrier.

Lassie Come Home (1943) Maybe it's because I had a collie as a little girl, but I

can walk into this movie at any point and find tears streaming down my face within seconds. It's a classic, of course, featuring a young Roddy McDowell and Elizabeth Taylor (and it was remade pretty faithfully a few years ago with Peter O'Toole and Samantha Morton).

The Black Stallion (1979)

It's scary and thrilling, amusing and inspirational — which means it has all the ingredients for a perfect family film. And that Arabian horse creates such a striking figure, you can't help but be in awe of its majesty and beauty.

Every Which Way But Loose (1978)

Goofy, but kinda irresistible in its self-awareness. You have to love Clint Eastwood toying with his tough-guy image by playing ... a tough guy whose best friend is an orangutan.

THE ASSOCIATED PRESS



Jolie shows concern for North Koreans

Angelina Jolie says she's worried about the people of North Korea, particularly the persecution defectors face when repatriated to the reclusive state.

Jolie was in Seoul on yesterday to promote her latest action thriller, Salt, which opens with a scene that takes place in a North Korean prison.

Jolie, who serves as a goodwill ambassador for the UN High Commissioner for Refugees, said she got a tutorial on the plight of North Korean defectors from Seoul-based officials from the UN refugee agency.

"They spoke a lot about the concerns about people being persecuted when they are sent back to North Korea," she said. "I'm very concerned about the people."

the people."
Tens of thousands of people from impoverished North Korea have migrated to

neighbouring China in recent years, activists say. Many are sent back as part of an agreement between North Korea and China.

Some 19,000 have made it to South Korea.

"I learned today about them gaining citizenship and crossing into South Korea," Jolie told reporters.

"The UNHCR practices quiet diplomacy in which they do more than they talk about."

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Ronnie brings art to America

Rolling Stones guitarist Ronnie Wood is coming to Ohio with a different kind of solo show, spotlighting his paintings and other art.

The Butler Institute of American Art says the exhibition opening is the first for Wood at a major American museum.

The 63-year-old British musician plans to be at the museum for a reception on the show's opening day, Sept. 21.

Butler chief curator and director Louis Zona describes Wood's art style as lively and appealing. The museum notes that the rocker picked up a paint



brush at the age of 12, before he started playing gui-The exhibition includes 30 of Wood's paintings, 22 pen-andpencil drawings and seven mixed-media works.

THE ASSOCIATED PRESS

Zac has wild night in L.A.

While girlfriend Vanessa Hudgens was back in California, Zac Efron reportedly hit the town with High Musical co-star Corbin Bleu, spending more than \$2,000 at New York strip club Flash-

dancers the night before the premiere of his latest film, Charlie St. Cloud, Page Six reports. "They ordered one bottle of Belvedere vodka and were enthralled with the dancers," a source says. THE ASSOCIATED PRESS

Talking points

Baby Bloom in Miranda?

PREGNANCY RUMOURS. There's apparently a reason Miranda Kerr and Orlando Bloom tied the knot so soon after getting engaged: Kerr is pregnant, sources tell Us Weekly. "She's definitely pregnant. Miranda's thrilled," a source close to Kerr says. METRO WORLD NEWS

Post-jail rehab on LiLo's mind

WHAT. ME WORRY?. While she's in jail now, Lindsay Lohan is already thinking about what comes next: a mandatory three-

month stay in rehab, her lawyer tells People magazine. METRO

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Celebrity tweets



O'Brien [@Conan-OBrien] Angelina Jolie

is joining Twitter. If she thinks she can lure away my core audience of young male teens she I'm screwed.



Billy Ray Cyrus [@billyraycyrus] Yes

I'm still here. What is your



Hilton [@Paris-Hilton] Love the vi

la we're staying at in Ibiza It's so modern and has such great style. It even has it's own night club in it Amazina!



Allen
[Alilyrose-allen]

want to be amish. They seem so happy.

Speaking to cops? Now that's progress

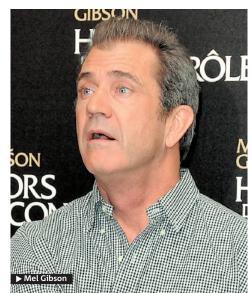
▶ Mel Gibson talks to police about extortion claims against ex ▶ Probe still on for abuse allegations

A sheriff's official says Mel Gibson has met with detectives to discuss his claims that his ex-girlfriend attempted to extort money from him.

Los Angeles County sheriff's spokesman Steve Whitmore says the interview occurred Sunday. He says detectives only spoke to the Academy Award-winner about his claims against exgirlfriend Oksana Grigorieva

The sheriff's department is also investigating claims by Grigorieva that Gibson abused her during a January confrontation.

Stephen Jaffe, a spokesman for Grigorieva, declined comment on the meeting. The Russian singer denied the extortion allegations to celebrity photographers in video shot Friday. THE ASSOCIATED PRESS



Sarandon still denying affair

Susan Sarandon continues to deny she's dating 31-year-old business partner Jonathan Bricklin, that's not stopping sources from speculating, especially after Bricklin accompanied Sarandon on a trip to Italy recently for the Giffoni Film Festival, according to Popeater

Popeater.
When asked by Entertainment Weekly about the possibilty of romance with Bricklin, Sarandon would only say, "I certainly love the idea of being in love, and I love the idea of



companionship. Whatever happens next in terms of romance or partners, I don't know."

The pair co-own a pingpong club in Brooklyn, N.Y. • METRO WORLD NEWS

Cruz blasts teen mags

Penelope Cruz is tired of the beauty standards forced on girls. "I would close down all those teenage magazines that encourage young girls to diet," she tells Britain's You magazine. "Who says that to be pretty you have to be thin?" METRO WORLD NEWS

No rehab for Uchitel

Just days into filming its news season, Celebrity Rehab has lost one of its cast members. Rachel Uchitel bolted from the set after a particularly intense day with Dr. Drew Pinsky and checked into a Beverly Hills hotel, according to Radar Online. © METRO WORLD NEWS

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life

News in brief



Sink your feet into ultimate comfort with Teva's "Mush" flip flops. Available in a pink or blue flower pattern, this affordable footwear (\$25 per pair) will have you mistaking it for your slippers! It's a great lightweight option to throw in your suitcase for your next vacation. Visit teva.com.





Fashion headliners

▶ From fedoras to boater hats, headwear is hip on the 2010 runway. ◆ Style and health experts agree: Hats are the supreme summer accessory.

Hats for women were the fashion headliners on all the spring/summer 2010 runways.

From fedoras to boater hats to wide-brimmed ones and pork-pie caps, headwear topped off every outfit floating down the catwalk.

Not only are hats the summer accessory, but they have a noble purpose too: protecting your head and face from harmful UV rays. And everyone wants to stay stylish while staying healthy.

A hat can also do wonders in keeping you cool on stiflingly hot days, which, gauging from the summer thus far, we're likely to have many more of in the coming month.

According to Karyn Gingras, owner and chief designer of Toronto's Lilliput Hats, fedoras, pork pie hats and caps in hemp, linen and fine breathable straw are the biggest hits this season as are hats in bold colours, including royal blue, coral, yellow.

"The fedora continues to be a strong shape," ex"Try on a lot of them. Have fun, step out of your comfort zone for a minute and consider that wearing a hat makes you special" KARYN GINGRAS, OWNER AND CHIEF DESIGNER OF LILLIPUT HATS

plains Gingras. "It's sexy, casual and keeps the sun off." Gingras is pleased to report that more and more people are embracing stylish hats. "Thankfully, I see fewer baseball caps (on men and women)," she adds.

The most breathable materials for summer are lightweight linen and hemp. Gingras also uses 100 per cent natural straw in many of her hats, tightly woven for maximum sun protection.

If you're a bit shy when it comes to donning a hat, heed Gingras's advice: "Try on a lot of them. Have fun, step out of your comfort zone for a minute and consider that wearing a hat makes you special."

HEATHER BUCHAN







1

Lorane Hat, \$85, Nobis (nobis.ca)

A linen fedora with a cotton plaid trim — perfect to pair with a t-shirt and jeans. Its quick-dry wicking sweatband makes it comfortable wearing on warm days.



2

Becca Hat, \$60, Nobis (nobis.ca)

Boasts a wide-brimmed trim that is great for shading your face from harsh summer rays. It's made from cotton and has contrast piping with paneling details and custom-printed buttons.

HEATHER BUCHAN



Skater details

Olympic gold medalist Shaun White and brother pull together a look that is slightly retro, a little edgy.

Olympic gold medalist Shaun White and his brother Jesse hang out with young artists and skaters, surfers and snowboarders with a distinctive style that's a little bit retro, a little bit edgy and a whole lot of cool.

The White brothers say they want to bring that look to the masses - even if you're not artistic, can't skate to save your life or don't dream of waves or halfpipes. They are in the third year of an apparel deal with Target that now covers boys, young men and shoes.

"This is all about clothes our friends would wear," explains Jesse, who is the sketch artist here. He turns into tangible designs all the ideas Shaun collects from his worldwide travels. Shaun will also snap photos of passersby, which adds to the authenticity and street

cred of the brand. "My trips turn into T-shirts," he says. (And there's a particular favourite shirt with his own dog wearing a pair of shades.)

Shaun did go to a runway designer show in Milan, Italy, right after the Vancouver Games earlier this year. "I won't lie. It was weird," he says.

He readily admits that he didn't always have enviable attire. THE ASSOCIATED PRESS

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a mortgage

If you're planning to move and you already have a mortgage, there are several things to consider before taking the plunge. A good place to start is by speaking to a mortgage expert at your bank who can help you make the experience as economical and comfortable as possible.

"The first step is to know what you can afford so that you can shop for your new home with confidence," says Farhaneh Haque, Regional Sales Manager, Mobile Mortgage Specialists, TD Canada Trust. "There are many options available to repeat home buyers and a mortgage expert can help you choose the right one to help you

save money so you can own your new home

Two tips for home owners looking move:

- · Take your mortgage with you when you move. Many banks will let you bring your mort-gage with you. You can even increase your mortgage principal amount and blend your existing interest rate with the current market rate.
- Use your mortgage as a selling feature. If your mortgage interest rate is lower than current market rates, the purchaser may be able to take on your mortgage when you move.

NEWS CANADA

Tips on moving When you have Your friends will fight over this guest room

If you're big into having people over, big into cocktail parties and a big social personality, here is what your well-stocked guest room will need





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DECOR MOMENT

KARL LOHNES HOME@METRONEWS.CA



I feel like I should install a revolving door on my

guest room this summer. With many family and friends deciding to take staycations, my city place has become a popular destination for those choosing a big city experience. I am lucky that I have a separate bedroom and bathroom for guests but for some, a pull-out sofa and spare towel is all thats available. Here are a few great ideas to make your guests feel like they are experiencing a five-star hotel stay no matter how you put them up:

Sofa surfing

- · Add a feather bed (a thick duvet-like comforter) on top of the mattress for a more luxurious sleep Make sure the sheets smell fresh and are clean.
- Once you have pulled out the mattress, cover the entire couch with a freshly laundered king-size sheet. It will create a barrier from the upholstery fabric so your guests won't feel like they are sleeping on your sofa.
- If space permits, turn the sofa around so that the back helps divide the room
- for privacy.

 Clear the clutter on your end table and use it as a night-side table; an alarm clock, lamp and a

"When shopping for a pull-out sofa, make sure the mattress is at least fourinches thick and that the fabric is durable like leather, chenille or micro fibre."

bottle of water will welcome your guests.

• Fill a tote bag with bathroom essentials and leave it by the sofa. This will help keep a shared bathroom organized if everyone has their own storage

Designer Note

When shopping for a pull-out sofa, make sure the mattress is at least four-inches thick and that the fabric is durable like leather or micro fibre.

Making room

- Make sure bedding, mattress and pillow covers are cleaned. Spritz fabric refresher (like Febreeze) between mattress, coverings, sheets and duvets so the bed smells fresh throughout the stay. A scented candle will also help to create a fresh smell in the room.
- Freshen pillows by tumbling them on low heat in the dryer; this will also plump them up.
- Window-darkening shades are a necessity; a

Dreams?

My designer dream list for sweet dreams: Yves Delorme bedding \$1200, Missoni towels \$280, Hastings Queen-sized bed \$25,000, a variety of down and alleray-free synthetic pillows \$500 and a Barbara . Barry candle \$75. Thats all I need for a good night's sleep.

simple pull-down roll blind is a great inexpen-

- sive option.

 Keep supplies like towels, bedding, bathroom tissue, soaps and candles a notch above the quality you would normally have in your home.
- Supply a bottle of water, a drinking glass, a few mints and fresh flowers or fruit in the room.

Designer Note

Don't be afraid to decorate a guest room with a theme; Vintage Hollywood, Nautical Modern or Simple Cottage are just a few popular themes.?

metr@home metronews.ca THURSDAY, JULY 29, 2010



Germ inspection time: Some hot spots in the home

We all try our best to "In home maintain maintain a clean, healthy living space for clean. ourselves and our families. But there are many germs lingering around our homes that we could be missing.

Of course it's impossible to avoid coming into contact with all germs and viruses but if you are aware of what is in your home, you have a better chance of defending against them.

Here are some of the hot spots in your home you may not have considered:

In home bathrooms with heavy foot traffic, shared cloth towels are often damp and germy due to overuse. Even if a towel looks clean, it may have viral, bacterial or fungal contaminants which can be trans-ferred to hands when drying them.

Health Canada recommends not using a common hand towel to dry hands. Instead, use a one-time use towel so you know you are get-ting a clean, fresh, dry towel every time.

Pets don't always practice good hygiene, and nor do we when it comes to their dishes. Pet bowls are often left unwashed for longer than they should be and as a result they collect germs and bacteria. Be sure to wash Fido's dishes regularly to keep both pets and family members healthy.

Light switches (in-

bathrooms with heavy foot traffic. shared cloth towels are often damp and germy due to overuse.'

cluding lamp switches) and door knobs see a lot of hand traffic each day and that makes them a hot spot for germs. Cleaning them off regularly — once a week when people healthy or daily if some-one is ill — with anti-bacterial wipes or sprays will help keep the spread of germs down.

When we are out and about we often place our bags on the floors of restaurants, offices and even public washrooms. By doing this our bags can pick up all kinds of germs and bacteria, so make sure you wipe off bags regularly to avoid tracking contaminants into the home.

Most of us are good about making sure the utensils, cutting boards and plates we use when cooking are properly cleaned to avoid the spread of bacteria like salmonella. But what about spices, and salt and pepper shakers? Make sure whatever you touch when you are handling raw food gets a proper wipe down to avoid any unnecessary illness.

Keeping clean this season

♠ As a parent, it can be difficult to keep kids feeling healthy ♠ Sniffles, sneezing and fevers seem to be something families are constantly battling

One of the best ways to protect yourself and your family against the spread of germs and infectious diseases, such as colds and flus, is to use proper hand washing and hand drying techniques. Even if your hands appear to be clean, they may still be carrying germs that can make you or those around you sick. Seeing as you spend most of your time in your house, it's best to keep your hands clean when you're there.

The Canadian Pediatric Society recommends the following four steps for proper hand washing:

- Wet your hands under running water.
- Scrub your hands well with soap.
- · Rinse your hands under running water.
- Dry your hands with a clean towel.

Check out our sidebar on common areas of the house riddled with germs. NEWS CANADA



News in brief

New French bistro opening

STERLING. Il Portico's former GM is opening a French bistro in Sterling Place at 9940 106 St., in Krua Wilai's old digs. Patrick Saurette will open Le Marc this fall.

Is Rodeo worth the ride?

BRUGERS. Has anyone tried the latest burger bar that is taking Edmonton by storm? Rodeo on the University of Alberta campus is the subject of rave reviews from local foodies, but what does everyone else think?

Time for a little vino

TASTING. Gurvinder Bhatia, wine consultant and owner of Vinomania, will host a wine tasting wherever you want. He can speak on everything from sausage and shiraz to pinot envy, as well as port, grappa and bourbon vinomaniawines com

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Delightfully delicious burger options at Delux



LUNCH RUSH

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Four years Ďelux ago, started earning fanfare

for its upscale pub fare. Their lobster nachos and blue cheese-infused burgers are beyond belief. Add in the uber-chic diner feel of the place, and Delux everyone: moms, students and lovebirds

I decided against the new Mall location and visited the original. I wanted to try the latest Delux spin: every month, a different person creates a burger for sale. July's "Thai One On" (\$10) looked fantastic.

I loved the beef and pork patty on its soft cia-

batta bun, with sweet sambal mayo and a cilantro kick. It went perfectly with my Stewart's Key Lime soda (\$3.50) and the "a la cart" order of mild, crispy sweet potato fries (\$6 served in a mini shopping

I would have loved to sample the mini doughnuts, but I was out of both time and room. I'm happy to know that this great burger place hasn't lost any of its bite.

Delux Burger Bar 9682 -142 St. deluxburgerbar.com Rating: 4.5 Price range: Mid Reservations: No Signature Dish: The Delux (\$11.50) Time in: 11:40 Time out: 12:30

Mediterranean Orzo



Preparation:

In large pot of boiling salted water, cook orzo, stirring occasionally, for 6 minutes. Add broccoli and cook until broccoli is tender and

pasta is al dente, about 1 minute. Drain well and refresh under cold running water; drain again. Return to pot or large bowl. Gently stir in corn, red and orange

Ingredients:

- 500 ml (2 cups) orzo pasta • 375 ml (1 1/2 cups) small
- broccoli florets • 500 ml (2 cups) fresh corn kernels (about 3 ears)
- 250 ml (1 cup) each diced sweet red and orange peppers
- 125 ml (1/2 cup) pitted black olives, halved
- 125 ml (1/2 cup) diced red

onion

- 50 ml (1/4 cup) shredded fresh basil
- 50 ml (1/4 cup) chopped fresh parsley
 • 75 ml (1/3 cup) olive oil
- 45 ml (3 tbsp) white wine vinegar
- 1 clove fresh garlic, minced
- 1 ml (1/4 tsp) hot pepper
- Salt and pepper, to taste

peppers, olives, onion, basil and parsley.

In a measuring cup. whisk together oil. vinegar, garlic, hot pepper flakes and salt and

pepper. Pour over salad and toss gently. (Salad can be covered and refrigerated for up to 2 hours.)

THE CANADIAN PRESS

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Namao easily accessible to Edmonton

- Proximity to 97 Street makes accessing downtown Edmonton a breeze
 Situated on picturesque lake, it's a very family-friendly community
- Namao is situated on Lake Beaumaris and some lucky residents enjoy waterfront homes.



The group of neighbourhoods on Edmonton's north side, referred to as Namao, make up a bustling, vibrant community of just over 31,000 people.

It may seem rather isolated from the rest of the city, given that it is a fair way up the stretch of 97 Street that turns into Highway 28, but according to Teri Muiselaar, a resident of the area, getting around is actually quite easy.

"The area itself is excellent for getting anywhere," Muiselaar says, noting that transit in the area is quite good.

In fact, 97 Street connects the area directly to

the downtown core, making for direct transit routes
— so the area is easily accessible by bus or by car.

One of the communities, Eaux Claires, will even back onto a new transit centre, Muiselaar said.

sit centre, Muiselaar said.
"It will be very convenient," she said, noting that it should be open soon. There is also a transit centre on Castledowns Road.

Facts and figures

Namao — situated on picturesque Lake Beaumaris providing beautiful views, especially for residents with lakeside properties — is made up of a series of neighbourhoods:

- Lago Lindo
- Flsinore
- Baturyn
- Lorelei
- Eaux Claires
- Klarvatten
- Belle Rive
- Beaumaris

Muiselaar, a member of the Eaux Claires Community League, noted that the area is very family-oriented. "Most of [the community] is all families that live in there; young families, mostly," she said. "There's lots of amenities around."

The Crown and Anchor is certainly a hidden gem in the Namao area with great live music.



NORTH END HOUSING MARKET PICKING UP STEAM

When it comes to growth and expansion in Edmonton, prospective homebuyers may look to the south.

But according to a few real estate agents in the city, the north side seems to be turning heads as of late.

An area to note in the north is Namao, which includes the neighbourhoods of Belle Rive and Eaux Claires, in between 97 Street and 82 Street, and 153 Avenue and 167 Avenue.

Gil Whyte and Lorri Brewer, both realtors with Re/Max Real Estate, shed some light on the hidden gem in the Edmonton housing market.

"If you want to take all of the development in the north side of Edmonton, even going all the way up to Fort Saskatchewan, the amount of development that we have is absolutely astronomical," Brewer said.

And, according to Whyte, once some of the development is completed, the market prices in these neighbourhoods will only go up.

"The value in the area should go up once the Anthony Henday Drive is completed," he said. "It will make a world of difference in the area."

Brewed explained that buyers are able to get a bigger bang for their buck in the north in comparison to the south.

That has a lot of young families coming into the north to look for their first home.

She added that they are especially choosing the areas in Namao since it's close to grocery stores, shopping and schools.

O YONATHAN SUMAMO

Housing market

Namao homes are on the market for an average of 36 days, and sell for 97% of the list price.

That's an average list price of \$402,000 and an average selling price of \$375,000.

Namao: A ton of fun



Some might think that with Edmonton's downtown being so accessible to residents of the communities commonly referred to as Namao, there isn't anything to do in the area. They would be wrong.

The area has a number of bustling communities as well as several bars. The most notable being the Crown and Anchor — an English-style pub that has become known in the city as a great venue for live

Football-oriented youngsters can also get involved in the North Edmonton Minor Football Association which has four teams.

Teri Muiselaar, a member of the Eaux Claires Community League, also noted that there are plenty of things going on in the community, including winter skating, summer sports and hockey rinks.

"There's everything right around us really," Muiselaar noted

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sports

Quoted



"They called me to put out a fire, and we put it out. (Julio) Grondona lied to me. (Carlos) Bilardo betrayed me. While we were still in mourning (the loss to Germany), Bilardo worked in the shadows to throw me out." DIEGO MARADONA, WHOSE

CONTRACT WASN'T RENEWED, ACCUSING THE AFA PRESIDENT AND THE ARGENTINA TEAM DIRECTOR

"I've given everything, everything. I am convinced that Argentine football needs to be in a better position. I have tried to transmit the pride that I feel, being Argentine.



Braidwood: 'I've got everything to prove'

Eskimos lineman makes long-awaited return from injury Edmonton searching for 1st win





ESKIMOS

Time: 7 p.m. Friday Channel: TSN

Adam Braidwood will play football Friday for the Edmonton Eskimos for the first time since he tore his knee up two years ago. It was an injury that brought so much pain, he almost quit the game.

"I've got everything to prove. Our whole team does," said Braidwood after the team practised yesterday at Commonwealth Stadium.

"That's extra pressure, but I love it. I love digging myself out of a hole."

The 26-year-old defensive lineman is set to start at defensive tackle when the winless 0-4 Eskimos take on the visiting 1-3 B.C. Lions.

It's been a long road back for Braidwood, who tore up his left knee against Saskatchewan Roughriders on Oct. 26,

Since then, he has had three surgeries on it in two years: Rehabbing it, then tearing it, rehabbing then tearing — a process that likely wasn't helped by Braidwood mixing in some mixed martial arts fighting on the side.

He was set to return in training camp 2009, when he learned the knee was torn again. The pain was excruciating. He couldn't push a shopping cart, couldn't walk his dog. A year of lonely rehab was now going to be followed by yet another.

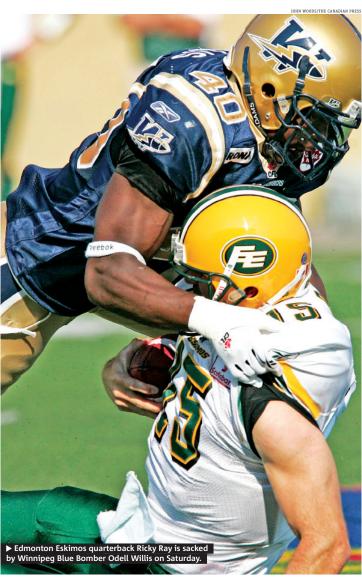
He was 25 and ready to

"I was limping around the locker-room and it hurt, and I said 'Man, I've got to go through this (rehab) again. It's going to take me a year to get ready. "(Quarterback)

Iason Maas looked at me and said, Yeah, but you've got to do it.' And that was it. No second thought. I kind of snapped out of it and never really thought about it again."

Braidwood, after starting the vear on the Eskimos practice roster, has been elevated to the starting right tackle spot.
THE CANADIAN PRESS

The Double-E defence is giving up an average 32.3 points against a game, tied with Saskatchewan for worst in the league. They've allowed six rushing TDs, worst in the league.



Colangelo says Bosh 'checked out' from Raps

Chris Bosh's former general manager says the player was "checked out" late last season and chose not to play some of the Raptors' final games.

Talking on radio station FAN 590 in Toronto, Bryan Colangelo said Bosh wasn't the same player toward the end of the year.

Colangelo said Monday that whether Bosh was "mentally checked out or, you know, just wasn't qui-

Trade

The Raptors have acquired centre David Andersen from the Houston Rockets for cash and a future second-round draft pick.

te into it down the stretch, he wasn't the same guy. And I think everybody saw that, just no one wanted to acknowledge it."

THE ASSOCIATED PRESS

Sports in brief

Strasburg feeling better

MLB. Nationals rookie right-hander Stephen Strasburg first sensed tightness in his pitching shoulder "a couple days ago," he said yesterday, chalking it up to "kind of hitting the wall a little

A day after being scratched minutes before what was supposed to be the 10th major league start of his much-hyped

career, Strasburg said he felt "a lot better" and his range of motion is "starting to come back." THE ASSOCIATED PRESS

Saints to visit **White House**

NFL. The Saints will go marching in to the White House next month.

U.S. President Barack Obama will welcome the Super Bowl champion New Orleans Saints Aug. 9. The Saints electrified their city and fans by beating the Indianapolis Colts, 31-17, in February.

A treat for fight fans

• Fightscene Fan Expo will let enthusiasts meet some of their heroes



KATHY LE EDMONTON@METRONEWS.CA

Nine local professional fighters joined forces yes-terday in support of the 2010 Fightscene Fan Expo, saying they are excited to meet their fans on a more personal level.

'I've had a lot of local support and for me this is opportunity to give back and put on a show-case for the fans," said Je-Mrdjenovich, 1ena three-time WBC title holder.

Not only do fighting enthusiasts get to meet their idols, they also have the chance to learn from and explore the various combat sports and related businesses available to Edmontonians.

"We're looking at do-ing this every year be-cause I want to make it easier for the next round of fighters to come up, said Dean Danas, an organizer of the event.



With more people seeing them it's easier for the promoters to put on a show, and the more people there are the better it is for everybody

Other big names who

will be in attendance at the expo include Ryan Ford, Nick Penner, Sheldon Hinton and Mukai Maromo.

Tickets are on sale now and are \$10.

The event will take place Aug. 15 at the Shaw Conference Centre.

For tickets and more information on the event, go to www.edmonton fightscene.ca.

Sports in brief

Casev Printers

Printers will likely dress against Esks

CFL. Casey Printers is expected to travel to Edmonton and dress as the third-string quarterback in Friday's game against the Eskimos, Lions coach and GM Wally Buono said yesterday.

Buono reacted tersely to reports that Printers could be done for the season with a torn meniscus and a partially torn anterior cruciate ligament.

"Everything right now seems to be pointing in the direction that he will be travelling and being No. 3 and should be working next week," Buono told The Canadian Press.

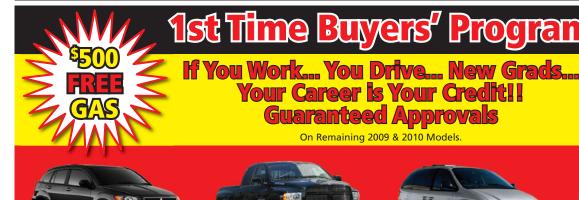
Family mourns former NBAer

NBA. Relatives and friends of Lorenzen Wright gathered yesterday and grieved for the former NBA player who has been missing for 10 days, as police investigated the discovery of a man's body outside of Memphis.

Wright's uncle, Curtis Wright, told The Associated Press that police called the player's father, Herb Wright, yesterday afternoon with the news he had died.

Sgt. Alyssa Macon-Moore of the Memphis Police Department wrote in an e-mail to the AP that police were investigating the death of an unidentified man beside a wooded area 20 kilometres south of downtown Memphis.

THE ASSOCIATED PRESS





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Crossword

Across 1 Detail, for short 5 Chest protector?

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➤ Yesterday's answer

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For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

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How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

TODAY

Min 10° Max 23°

Yesterday's answer

FRIDAY

Min 13°
Max 28°

5	1	3	4	2	8	9	7	6	
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SATURDAY

Min 11°

Max 26°

Send a

Show some love! Send a note to somebody special at kiss@metronews.ca

Happy MONTHSARY BABYKINS, I wanted to let you know that you mean alot to me and that I appreciate everything that we have experienced together in such a short period. We may still have many things to learn from each other, however, I know that we both have the desire to make this work.

ZJA, Happy anniversary handsome...I am so lucky to have found you...you make me happier than I've ever thought possible I love you. ...heres to the next two vears:) LOVE ZOT :)

ScoopDog....as we drive down the road together, your velvet voiced singing is music to my parched ears. I look forward to our next Ft. Mac. sleepover! CHACHING

Today's horoscope

T Aries March 21-April 19 You will get the chance to put a relationship on a firmer footing today. It will go better for both of you if you don't let your impatience get the better of you.

Taurus April 20-May 21 Do you get along with the people you work with and for? If you do then you will get along even better today. If you don't then your differences will be highlighted and magnified. It seems there is no middle ground.

II Gemini May 22-June 21 Forget any ideas you had about slowing down because all sorts of new opportunities are one their way and you will have to act quickly and decisively to make the most of them. You may have to speed up

 Cancer June 22-July 22 You will have to act fast over the next 24 hours, especially on the home front where loved ones are expecting you to show the way. Cancer is a cardinal sign, which means you have leadership qualities. So

Ω Leo July 23-Aug.23 You may have good reason to be annoyed with someone's behaviour, but is it worth getting worked up about? Of course

TV Virgo Aug. 24- Sept. 22 Even the most selfless of Virgos needs to pay the bills and make ends meet, and soon you will get the chance to boost your income. Money isn't evil, it's just another tool.

← Libra Sept. 23-Oct. 23 Mars in your sign over the next month or so promises that you won't be short of ambition or energy. The more effort you put into life the more you will get out of it, so stop thinking and start doing.

M Scorpio Oct. 24-Nov. 22 Attitude is always important, but never more so than now as cosmic goings-on play on your fears and encourages you to believe that the sky is falling. It isn't, and it won't.

Nov. 23-Dec. 21 Even if you like to go your own way you will be required to work closely with other people this week. Show you can be a team player - the rewards will be worth it.

り Capricorn Dec. 22-Jan. 20 You should look to the future and working out ways to boost your income and your reputation. You have what it takes to

be the biggest and the best.

Aquarius Jan. 21-Feb. 18 Don't sit there feeling sorry for yourself and wishing you had made more of your opportunities - get out into the world and make a few more. You can

do anything you want. H Pisces Feb. 19-March 20

Everything will come right in the end — it always does — so what are you worried about? Your money situation may be giving you cause for concern but you're inventive enough to find a solution.

■ SALLY BROMPTON

Michele McDougall
Weather Specialist
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